

# KICKSTART



PICKENS COUNTY



# ABOUT

KickStart Pickens County is our three-phase COVID-19 revitalization plan. Modeled after the state's AccelerateSC plan, the KickStart Pickens County advisory committee will have five main areas of focus:

- Response
- Protection
- Governance
- Resources
- Information

The advisory committee is comprised of county staff in coordination with state and local agencies. While we plan to gradually progress to a full re-opening by summer, we will continue to rely on expert advice and closely monitor Governor McMaster's Executive Orders. Your health and well-being remain our highest priority, and we will remain adaptable in order to make decisions that best serve our residents.

This information will be periodically updated. Follow our Facebook page for up-to-the-minute information.



# CURRENT STATUS: PHASE III

We entered the third and final phase of our three-step revitalization plan on June 1, 2020. During Phase III, the Pickens County Administration Facility will reopen to the public. Social distancing will be enforced.

The Pickens County Library System has delayed reopening due to unforeseen circumstances. A reopen date has not yet been confirmed. Please check their website and social media for updates.

For more information about how to conduct county business at this time, consult our online County Directory to find contact information for the department you need to reach. If you are unsure who to call, contact our non-emergency hotline at 864-898-5339. The hotline is open Monday - Friday from 9 am - 5 pm.

County Directory: <https://www.co.pickens.sc.us/directory/default.aspx>

Please stay home if you are sick. Help stop the spread of COVID-19. Look for COVID-19 testing sites in your area to be tested.



# PROTECTION

Your health and safety remain our highest priority. As we begin the process of slowly re-opening, we encourage you to continue to practice safe social distancing, good hygiene and avoiding unnecessary visits to congregate areas, especially if you are considered high risk for serious health complications. Masks or face coverings may help protect those around you when you are in public. You can watch a DIY mask tutorial from DHEC [here](#).

The best methods of prevention continue to be:

- Stay home when you can
- Wash your hands or use hand sanitizer frequently
- Frequently sanitize surfaces you come in contact with most
- Cover your cough or sneeze
- Avoid sick people, and avoid others if you are sick
- Practice safe social distancing by staying at least six feet apart

Remember to take care of yourself. During this pandemic, it is important that you continue to make your health a priority. Get plenty of rest, eat a well-balanced diet and exercise.



# MENTAL HEALTH

Everyone reacts differently to stressful situations like COVID-19. You may feel anxious, mad, sad or overwhelmed. Learn to recognize the common signs of stress so that you will recognize them in yourself or someone you care about.

Some ways to care for your mental health include:

- Making time to unwind and do activities you enjoy.
- Talking with family and friends by phone, text, or email.
- **If you or a loved one is feeling overwhelmed, get support 24/7 by calling 1-800-985-5990 or text TalkWithUs to 66746.**

[Click here](#) for more information on managing stress related to COVID-19.